

OPIOID CHECK



The purpose of Opioid Check is to provide you with some useful information and practical tips around opioids. It should only take about 10-15 minutes to complete.

WORKER'S NOTES

This tool is designed to help guide conversation with someone about opioid use. It is not intended to replace full clinical intervention.

Please consider all risk, safety, confidentiality issues before commencing. If now is not a good time, this resource can be taken away and read at a later date. For more information on using this tool can be found at www.insight.qld.edu.au

NAME: _____ DATE: _____

START HERE!



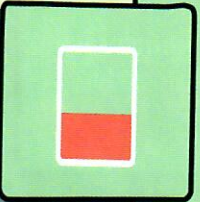
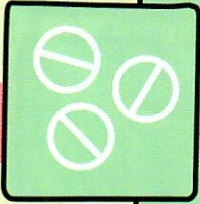
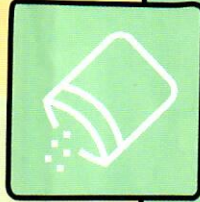
DID YOU KNOW...

- Opioids are 'depressants', which means that they slow down bodily functions like your heart rate and breathing.
- There are different types like oxycodone, codeine, fentanyl and heroin.
- They are commonly used for pain relief or to alleviate stress and anxiety.



OVER THE PAST 3 MONTHS, HOW OFTEN HAVE YOU USED THE FOLLOWING OPIOIDS?

| PLEASE TICK | NEVER | ONCE OR TWICE ONLY | MONTHLY | WEEKLY | DAILY OR ALMOST DAILY |
|--|-------|--------------------|---------|--------|-----------------------|
| CODEINE | | | | | |
| OXYCODONE e.g. Endone, Oxycontin, Targin | | | | | |
| MORPHINE e.g. MS Contin, Kapanol | | | | | |
| FENTANYL e.g. Durogesic | | | | | |
| HEROIN | | | | | |
| METHADONE e.g. Biodone, Physeptone | | | | | |
| BUPRENORPHINE e.g. Subutex, Suboxone | | | | | |
| OTHER e.g. tramadol, jurnista, opium... | | | | | |



HOW ARE YOU USING YOUR OPIOIDS?

- Swallowing?
- Smoking?
- Snorting?
- Injecting?
- Other? _____

WOULD YOU SAY YOUR LEVEL OF USE IS?

- increasing?
- decreasing?
- staying the same?

DID YOU KNOW...

People who use opioids regularly, often need to use more of the drug to get the same effect. This is called developing tolerance.